

# St Wulstan's Catholic Primary School

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Principal: Mrs K Savage

Wednesday 25th November 2020

Dear Parents/Carers

We have been informed by Public Health England local health protection team that there has been a confirmed case of COVID-19 within the school, as identified by NHS Track and Trace.

We are continuing to monitor the situation and are working closely with Public Health. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that, for most people, Coronavirus (COVID-19) will be a mild illness.

The school remains open and, providing your child remains well, they can continue to attend the setting as normal. We will keep this under review.

Please inform the school if your child develops symptoms of COVID-19 and/or tests positive for COVID-19.

## What to do if your child develops symptoms of COVID-19

If your child develops any symptoms of COVID-19 they should remain at home for at least 10 days from the date when their symptoms started. Anyone with symptoms will be eligible for testing and this should be arranged by calling 119 or via <a href="https://www.nhs.uk/ask-for-a-coronavirus-test">https://www.nhs.uk/ask-for-a-coronavirus-test</a>.

All other household members must stay at home and not leave the house for 14 days.

The 14 day period starts from the day when the first person in the house became ill.

Household members should not go to work, school, nursery or anywhere outside the home, including leaving the house for exercise. Exercise should be taken within the home or garden.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If your child has symptoms, try to keep them as far away from other members of your household as possible. It is especially important that they stay away from anyone who is clinically vulnerable or clinically extremely vulnerable with whom you share a household.



### **Symptoms of COVID-19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- •new continuous cough and/or
- high temperature and/or
- •a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/ or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID19:

#### Do

- •wash your hands with soap and water often do this for at least 20 seconds
- •use hand sanitiser gel if soap and water are not available
- •wash your hands as soon as you get home
- •cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze •put used tissues in the bin immediately and wash your hands afterwards

Further information is available at: <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

Yours sincerely

Mrs KE Savage

Principal